

SESSION PLAN

Teacher/trainer:

Date:

Room: Practical in-car session

Course/topic: Introduction to Motorway Driving

Time:

Duration: Two Hours

Aim: To introduce a learner or a novice (who has recently acquired a full licence) driver to motorway driving.

Objective: At the end of the session the trainee will be able to carry out a range of manoeuvres on a motorway.

Time (mins)	Objectives/learning outcomes	Prerequisite(s)	National Standards	Teacher/Trainer Activities	Learner Activities	Assessment
10	Motorway services, Resume motorway driving	Car parks, bay parking	Unit 2.2, Element 2.2.5	Give prompts as necessary	Drive as independently as possible, ask questions and respond to comments made by trainer	Observation Q&A
40	Motorway junctions	Roundabouts, slip-roads, merging junctions	Unit 3 Element 3.1.4 (a,b,c,j)	Use a variety of resources and teaching techniques to suit the client's learning style, learning preferences and standard of driving		
10	Managed, or Smart motorways	Use of speed, adequate clearance	Unit 3 Element 3.1.4 (i)			
10	Incidents and when to stop on the hard shoulder	Collision procedures, motorway theory	Unit 3, Element 3.1.4 (e), Unit 4.3			
10	Fatigue, boredom	Route planning	Unit 1.3			
20	Other road users	Hazard awareness	Unit 1, Element 1.1.2, Unit 3, Element 3.1.4 (l)			
20	Leave motorway network and return home	Use of speed	Unit 2.2	Facilitate end of session de-brief	Reflect end of session questions	Self-reflective log