

SESSION PLAN

Teacher/trainer:

Date:

Room: Practical in-car session

Course/topic: Introduction to Motorway Driving

Time:

Duration: Two Hours

Aim: To introduce a learner or a novice (who has recently acquired a full licence) driver to motorway driving.

Objective: At the end of the session the trainee will be able to carry out a range of manoeuvres on a motorway.

Time (mins)	Objectives/learning outcomes	Prerequisite(s)	National Standards	Teacher/Trainer Activities	Learner Activities	Assessment
20	Drive to nearest motorway	Ready for practical test	Unit 2.2	Agree levels of responsibility for session	Drive as independently as possible, ask questions and respond to comments made by trainer	Observation Q&A
30	Join a motorway for the first time	Slip-roads, merging junctions	Unit 3.1, Elements 3.1.3 and 3.1.4(a,c)	Agree route to motorway with client and give feedback on trainee's driving		
15	Lane discipline	Complex junctions, dual-carriageways	Unit 3.1, Element 3.1.1	Give prompts as necessary		
20	Driving at motorway speed	National speed limit driving, rural roads, adequate clearance	Unit 2.3 (i,j), 4.2			
15	Forward scanning	Hazard awareness	Unit 4.2	Use a variety of resources and teaching techniques to suit the client's learning style, learning preferences and standard of driving		
10	Overtaking	Overtaking on dual-carriageways	Unit 3.1 Element 3.1.1(h)			
10	Leaving a motorway	Leaving a dual-carriageway via a slip road	Unit 3.1, Element 3.1.4 (b,c)			